

**2024**



# **MENSTRUAL HYGIENE AWARENESS CAMPAIGN REPORT**

# Table of Contents

<b>ABOUT US</b>	<hr/>	<b>03</b>
<b>OUR INTERVENTION</b>	<hr/>	<b>05</b>
<b>OUTCOMES</b>	<hr/>	<b>10</b>
<b>OUR FUTURE GOALS</b>	<hr/>	<b>11</b>
<b>OUR PARTNERS</b>	<hr/>	<b>12</b>
<b>FUNDING</b>	<hr/>	<b>13</b>
<b>THANK YOU NOTE</b>	<hr/>	<b>14</b>
<b>CONTACT US</b>	<hr/>	<b>15</b>

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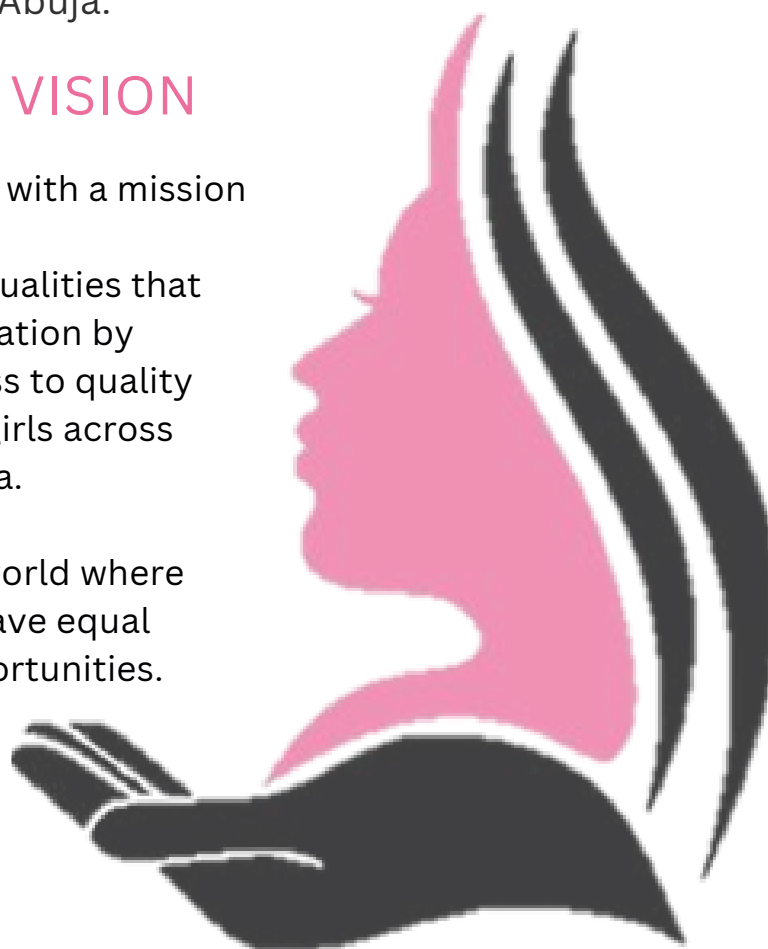
## ABOUT US

Give Girls A Chance - GGAC, is a Non-Governmental Organization (NGO) founded in December 2016 by Dr. Hauwa Balami and Uloma Ogba Headquartered in Abuja, Nigeria. We believe that the education of young girls is the single most powerful investment to further women's development and to shape a better future for Nigeria. GGAC currently supports 68 girls in four schools in Abuja.

## MISSION & VISION

GGAC was founded with a mission to address the inequalities that exist in education by increasing access to quality education for girls across Nigeria.

We envision a world where all children have equal access to opportunities.



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## *Together for a #PeriodFriendlyWorld*

Menstruation is an integral part of a girl's journey into womanhood, yet it continues to be surrounded by misconceptions and barriers. The United Nations reports that 1 in 10 girls in Sub-Saharan Africa miss school during their periods. Nigeria faces similar challenges, with many girls lacking access to sanitary products, struggling with affordability, and lacking adequate water facilities for hygiene.

The theme for Menstrual Health Day 2024, "**Together for a #PeriodFriendlyWorld**," calls on all of us to unite in creating a supportive and equitable environment for girls.

By embracing this theme and taking collective action, we can ensure every girl leads a healthy and dignified life.

Our 2024 report highlights the need for a period-friendly world where every girl can thrive academically and personally. Together, let's break the stigma, support menstrual health, and empower every girl to reach her full potential.



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## OUR INTERVENTION

This year, Give Girls A Chance made a significant impact by distributing 1,000-period kits to underserved communities in Abuja. This initiative, in partnership with Water Support Charity, Preston Development Foundation, Chrys Cares and our volunteers, involved comprehensive menstrual health education across two schools and one community. We conducted engaging lectures and interactive Q&A sessions on menstrual biology, debunked myths, and shared practical advice on managing menstrual symptoms, as well as the use and disposal of sanitary products.

Each period kit included sanitary pads, soaps, and detergents, ensuring that girls have the resources they need for a healthy and dignified menstrual experience. This effort not only provided essential supplies but also fostered a supportive environment for open conversations about menstrual health and hygiene.



## OUR DAY ONE

On the first day of our impactful outreach, we had the pleasure of visiting Gbessan, one of our esteemed partner schools. This event marked a significant step in our campaign, as we distributed approximately 250 period pads to menstruating girls. The day was filled with enlightening educational sessions, where we addressed menstrual health with a focus on dispelling myths and demonstrating the proper use and disposal of sanitary products. The distribution of these essential supplies was complemented by engaging discussions, ensuring that students not only received the products they needed but also gained valuable knowledge for managing their menstrual health with confidence.









## OUR DAY TWO

We pulled double duty for the second day of our menstrual hygiene campaign, delivering 1,000-period kits across underserved communities in Abuja. This time, we visited one of our partner schools, GSS Apo Resettlement, and extended our outreach to the women of the Kabusa community. Our efforts aimed to expand the impact of menstrual health education ensuring that both students and community members received essential supplies and valuable information to manage their menstrual health effectively.









## OUR DAY THREE

Mission accomplished on our third and final day, as we visited Durumi, another of our partner schools. This stop was the culmination of our outreach efforts, where we continued to distribute period kits and educate students on menstrual health. The day was marked by interactive sessions that debunked myths and provided practical guidance on menstrual hygiene. By the end of our visit, the students of Durumi were equipped with the knowledge and resources to manage their menstruation with dignity and confidence, reinforcing our commitment to creating a period-friendly world.



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## OUTCOMES

The outcome of this year's Menstrual Hygiene Management (MHM) campaign was incredibly encouraging. The girls were overjoyed and deeply appreciative of our efforts to educate them. They expressed newfound confidence in themselves and their bodies, feeling more capable of handling and effectively managing their periods. The period kits provided an invaluable alternative to those who previously relied on rags, significantly improving their menstrual hygiene.

This campaign not only raised awareness but also highlighted the critical need for continued support and donations to create sustainable menstrual hygiene solutions. We aim to extend our reach, impact more schools, and host additional campaigns in the future, ensuring that every girl has access to the education and resources needed for a dignified menstrual experience.



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## FUTURE GOALS

The success of this year's Menstrual Hygiene Management (MHM) campaign has paved the way for GGAC's future ambitions in this critical area. The positive feedback from the girls, who now feel more confident and capable of managing their menstrual health, reinforces the importance of continuing our efforts.

Looking ahead, GGAC is committed to ensuring that every girl has the resources and knowledge needed for a dignified menstrual experience. Our future goals for MHM include providing monthly supplies for students to ensure consistent access to sanitary products. We also plan to forge partnerships with pad producers and distributors to make these essential items more readily available and affordable. Additionally, we are dedicated to developing and implementing an MHM curriculum in schools, empowering girls with the education they need to manage their menstrual health confidently.

Through these initiatives, GGAC aims to expand its reach, support more schools, and create sustainable menstrual hygiene solutions that will have a lasting impact on the lives of the girls we serve.

OUR PARTNERS



PRESTON  
DEVELOPMENT  
FOUNDATION



Water Support  
Charity org.

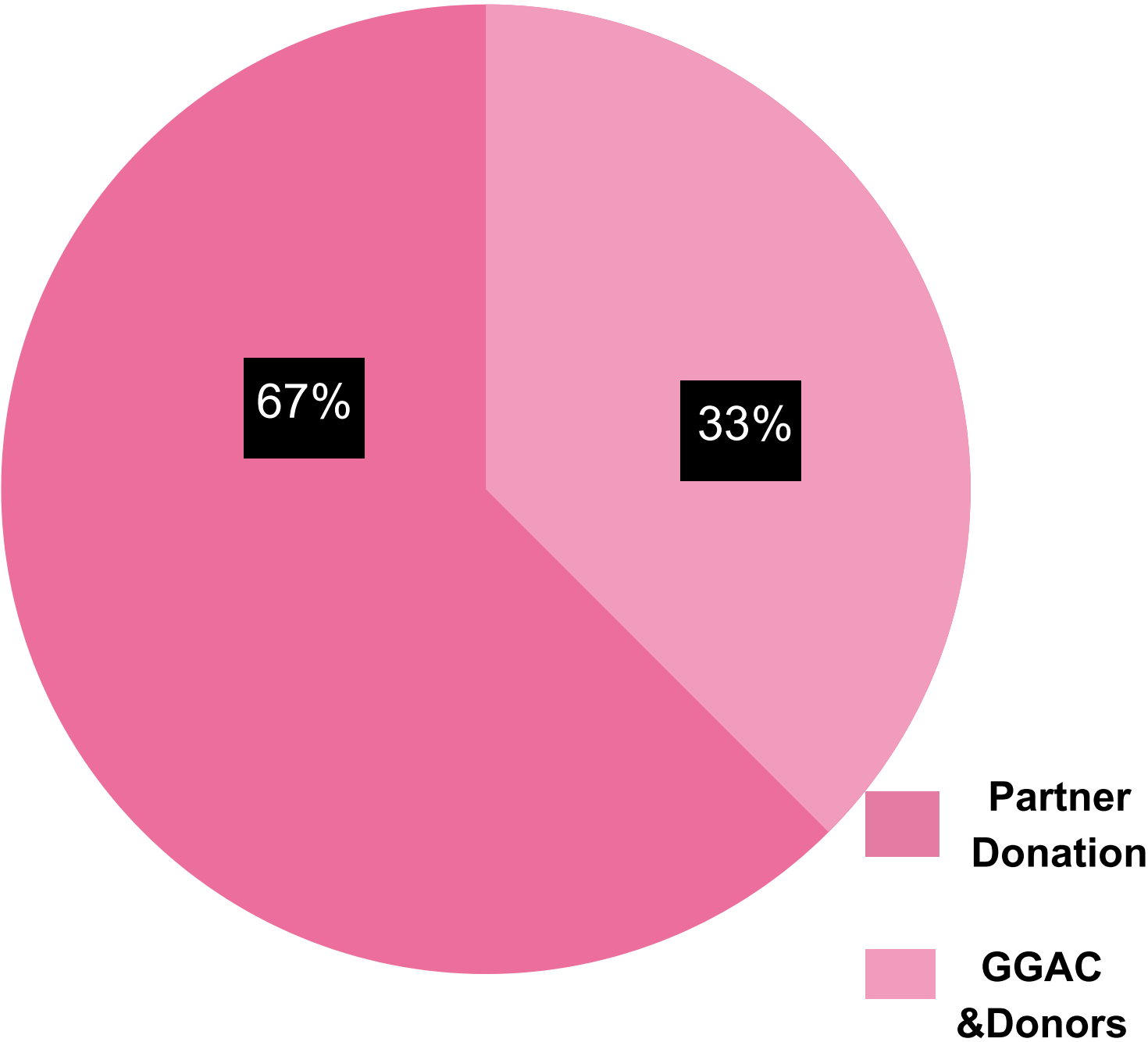


Chrys Cares



SAHAD STORES  
Ltd

# FUNDING





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## THANK YOU NOTE

We extend our heartfelt gratitude to everyone who supported and contributed to the success of this year's Menstrual Hygiene Management campaign. Your unwavering support and dedication have made a profound impact on the lives of many young girls, empowering them with the knowledge and resources to manage their menstrual health with confidence and dignity.

A special thank you to our partners, mentors, educators, and volunteers for their incredible efforts. Your commitment and enthusiasm have been truly inspiring, and together, we've created a lasting positive change in our communities.

We look forward to continuing this vital work and hosting another impactful campaign next year. With your ongoing support, we can ensure that even more girls have access to the education and resources they need for a healthy, dignified future.

With sincere appreciation,

## CONTACT US

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