



**GIVE  
GIRLS A  
CHANCE**

# **MIENSTRUAL HYGIENE**

**AWARENESS CAMPAIGN**

**REPORT 2025**

**Presented By:**  
Give Girls A Chance





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# OUR STORY



Give Girls A Chance (GGAC) is a registered Non-Governmental Organization (NGO) headquartered in Abuja, Nigeria, with legal presence in both Nigeria and the United States. Co-founded in 2016 by Ms. Uloma Ogba and Dr. Hauwa Balam, recipients of the 2022 Commonwealth Points of Light Award, GGAC is dedicated to transforming the lives of girls and young women through access to education, mentorship, skills development, and gender advocacy. Our holistic model not only removes financial barriers but also builds confidence, leadership, and long-term potential in the girls we serve.



Since inception, GGAC has supported over 250 girls with full scholarships and mentored more than 300, with 90% progressing to higher education or employment. Operating in seven schools across Abuja, we focus on underserved communities and have reached over 10,000 girls through advocacy on menstrual hygiene, literacy, and girls' rights. Our mission remains clear: to ensure every girl in Nigeria not only accesses education — but thrives.





## MISSION



*Give Girls A Chance aims to empower young girls by providing them with educational opportunities, resources, and mentorship to help them overcome barriers and reach their full potential. Through a supportive and inclusive environment, the organization seeks to inspire girls to become confident, self-sufficient, and proactive in their communities.*

## VISION



*Give Girls A Chance envisions a world where every girl has the opportunity to thrive and succeed, regardless of socio-economic or cultural barriers. The organization strives to create a future where girls are leaders in their communities, driving positive change and fostering equality.*





# REMOVING QUIET BARRIERS!

On May 28, 2025, Give Girls A Chance (GGAC) joined the global community in commemorating Menstrual Hygiene Day under the theme “Together for a #PeriodFriendlyWorld.” This year’s theme emphasized the need for collective action to create environments where menstruation is recognized as a normal part of life and does not hinder the health, education, or dignity of girls and women.

*GGAC organized a menstrual health awareness session at one of our partner schools, bringing together students, teachers, and staff for open discussions on hygiene, stigma, and period confidence. Sanitary pads and educational materials were distributed, reinforcing our commitment to girls’ dignity, health, and uninterrupted learning.*

Together for a #periodfriendlyworld




# OUR INTERVENTION



In 2025, Give Girls A Chance (GGAC) continued its commitment to menstrual health by distributing 500 period kits to girls at one of our partner schools in Abuja. This outreach aimed to address both the practical and educational needs surrounding menstrual hygiene.

*Alongside the distribution, we facilitated an interactive session focused on menstrual biology, hygiene practices, and stigma reduction. Through open discussions and Q&A, students were equipped with accurate information and practical tools to manage their menstrual health confidently. Each kit included sanitary pads, soap, and detergent, providing essential support for a safe and dignified menstrual experience.*

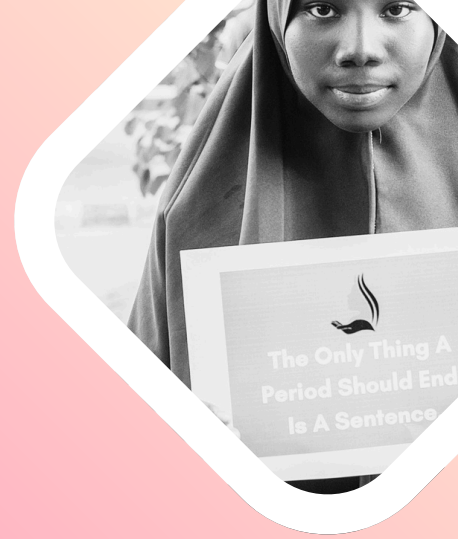


*This effort reinforced our broader goal of ensuring that no girl's education is disrupted due to a lack of access to menstrual health resources or information.*





# ONE DAY, REAL IMPACT



## OUTCOMES

The outcome of this year's Menstrual Hygiene Management (MHM) campaign at Apo Secondary School was both impactful and inspiring. Many of the girls expressed genuine gratitude and shared how the session increased their confidence and understanding of menstrual health. For several students, the period kits provided a safe and dignified alternative to previously unhygienic practices, significantly improving their ability to manage their periods.

This campaign not only raised awareness but also underscored the urgent need for continued investment in menstrual health. It highlighted the gaps many girls still face and the importance of consistent access to both products and information. GGAC remains committed to expanding this effort, reaching more schools, supporting more girls, and ensuring that no girl is held back by her period.

In a focused one-day outreach, Give Girls A Chance (GGAC) visited Apo Secondary School, one of our valued partner schools, to deliver a meaningful menstrual health program. During the session, we distributed 500 sanitary pads to menstruating students, ensuring they had access to essential hygiene products.

The day included an interactive educational session covering menstrual health, debunking common myths, and providing practical guidance on proper hygiene practices and the disposal of sanitary products. This initiative not only met immediate needs but also fostered open, stigma-free conversations, empowering girls to manage their periods with knowledge, confidence, and dignity.





# FUNDING

These impactful programs were made possible through the generous support of Give Girls A Chance (GGAC) and our valued donors—creating real change and lasting impact in the lives of girls.

# FUTURE GOALS

The success of this year's Menstrual Hygiene Management (MHM) campaign has reinforced GGAC's commitment to addressing period poverty and promoting menstrual dignity. Encouraged by the positive feedback from students, we are motivated to scale our efforts and ensure that menstrual health remains a priority across our programs.

As we look ahead, GGAC aims to do more in this critical area by reaching additional schools, deepening awareness efforts, and expanding access to menstrual hygiene support. Our goal is to ensure that every girl has the knowledge and resources she needs to manage her period with dignity—consistently, confidently, and without shame.





# GIVE GIRLS A CHANCE

**Educate | Empower | Mentor**





# THANK YOU!

“We extend our sincere gratitude to everyone who contributed to the success of this year’s Menstrual Hygiene Management (MHM) campaign. Your support empowered girls with the knowledge and resources to manage their menstrual health with confidence and dignity. Special thanks to the educators, mentors, and volunteers whose dedication made this possible. As we look ahead, we remain committed to reaching more girls and sustaining this vital work—because together, we’re building a future where no girl is held back by her period.”



## *Reach out to us :*



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